

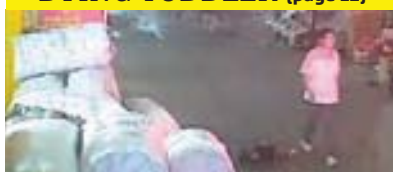
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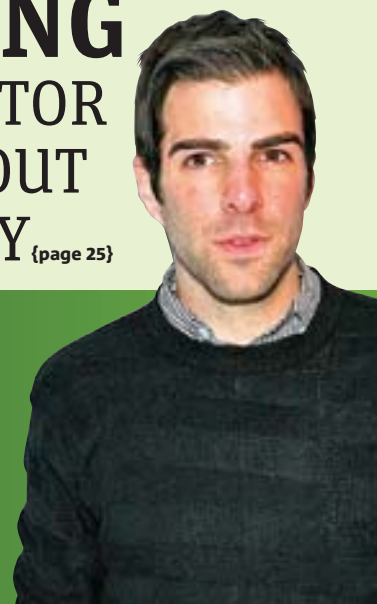
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**SHOCKING VIDEO
OUTRAGE IN CHINA AS
PASSERSBY IGNORE
DYING TODDLER** {page 12}



REVEALING STAR TREK ACTOR OPENS UP ABOUT HIS SEXUALITY

{page 25}



TORONTO

metro



Tuesday,
October 18, 2011
www.metronews.ca



**Fashion.
Week**



► A model, wearing a Twenty Culy dress, walks the walk at Canadian retailer Holt Renfrew's invitation-only opening show at Toronto Fashion Week yesterday.

BERNARD WEIL/TORSTAR NEWS SERVICE

Designers unveil collections

Gracing the runway were pieces from Holt Renfrew's big guns, handpicked by John Gerhardt, Holt's creative director. The show has a new home at David Pecaut Square on King Street West. More than 40 designers are showing their collections until Friday.

Crown lifts 485 sex charges

► Accusations of gang rape against nine former members of Korean community church in the GTA unfounded, court finds

Without a word of apology, the Crown has dropped 485 lurid sex offences against nine former members of a Korean community church in the GTA.

"Based on the evidence I heard, I certainly think it's the proper thing to do," said Justice Antonio Di Zio, who sat through five weeks of pretrial evidence in Finch Avenue Court on the massive case. Assistant Crown attorney Paul Zambonini told court yesterday that senior members of his office agreed with the decision to drop all of the charges, which made international headlines when they were laid in the spring of 2010.

The decision to drop the charges came after the court heard testimony from the church's pastor, Jae-Kap Song, an Orangeville grocer, who still faces charges of sexual assault in a separate case in Orangeville.

Song also faces charges of mis-

"The past year has been an utter and pure hell for him (Jung S. Kim) and his friends."

HEATHER PRINGLES
DEFENCE LAWYER

chief, threatening, forcible confinement and defamation of character in South Korea.

Although the move to drop the charges against the nine accused had been rumoured for weeks, the visa students still looked stunned as they were told that their names were finally cleared of allegations of gang sexual assault, administering drugs for sex, threatening death, forcible confinement and assault.

The alleged victims were four members of their church.

Lawyers for the defendants called for a thorough investigation into how the charges were laid in

the first place against the former members of the Jesus First church at Islington and Steeles avenues.

Defense lawyer P. Andras Schreck said his client Hyung Jun Ha has suffered enormously after being publicly accused of gang rape and other sex charges.

Defense lawyer Heather Pringles told court her client, Jung S. Kim, has also had a difficult time dealing with the label of accused rapist.

Charges were also dropped against GTA visa students Young Mi-Ham, Jong Il Lee, Sang Cheol Lee and Yung-Min Wham.

In Finch Avenue court on Monday, Justice Di Zio also dismissed all charges against parishioners Jung-Jae Lee, Yoonhyun Cho and Jin Hyun Kim, who fled to Korea in the spring of 2010.

TORSTAR NEWS SERVICE

More coverage {page 4}

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TTC drug test aims to deter impairment

Public safety trumps human rights and privacy concerns when it comes to drug and alcohol screening of transit workers, according to the TTC.

It wants to expand its fitness-for-duty policy to include random testing of long-term employees to deter them from showing up for work impaired.

The drug screening issue is before city councillors on the Toronto Transit Commission on Wednesday following the death of a Toronto woman in a bus accident in August. A bus driver has been charged with criminal negligence causing death and possession of cannabis.

Currently the TTC

screens new hires and employees suspected of using drugs or alcohol at work. It also tests workers who may have had an incident involving banned substances or been treated for drug or alcohol use.

But those measures, implemented about a year ago, haven't done anything to reduce on-the-job

impairment, according to TTC spokesman Brad Ross, who stressed that incidents are nevertheless extremely rare.

The expanded random testing would be done by an outside company that would administer a breathalyzer for alcohol and an oral swab for drugs.

TORSTAR NEWS SERVICE



► TTC chair Karen Stintz

Newcomers less likely to support immigration: U of T study

► Atlantic provinces most supportive of immigration, Ontario the least

Recent immigrants and visible minorities are less likely to support immigration than mainstream Canadians, says a new study.

The study, by the Institute for Research on Public Policy released today, also found women, retirees, people with high school education or less, those struggling to secure jobs and Conservative party supporters are less open to immigration.

Overall though, Canada's support for immigration remains high despite economic recessions, threats of terrorism and the most recent arrival of illegal migrants off the

"When you have a lot of immigrants in one area, people may get turned off by the sheer numbers."

U OF T PROFESSOR JEFFREY REITZ

coast of British Columbia. "Multiculturalism is a big part of the Canadian identity, like our national parks, health care and the flag," said report author Jeffrey Reitz, professor at the University of Toronto's Munk School of Global Affairs. "Those who identify with multiculturalism are also more pro-immigration."

TORSTAR NEWS SERVICE

City. Squat



► About a hundred demonstrators marched through the financial district last night before moving to Yonge and Dundas streets, pictured, where they sat in the middle of the busy intersection.

STEVE RUSSELL/TORSTAR NEWS SERVICE

March ends in heart of downtown

A call to make a big splash in the heart of Canada's financial district caused a few ripples yesterday but ended with some waves as Occupy Bay Street protesters clogged up downtown streets during the evening rush hour. Police escorted the protesters during the peaceful evening march, which came after a small morning demonstration near the Toronto Stock Exchange.

1
news



New study argues in favour of a distinction between regular teenage shyness and a crippling social disorder. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

So far, Bay Street rat-racers have been too preoccupied to pay much mind to their would-be occupiers. Video at metronews.ca

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Suspect, surety say 'I do'

► 'Angel-like personality' was what made groom attractive, bride says

Allegations

- Ironically, the troubles within Jesus First Church that brought Hyung Jun Ha and Anna Kim together first became publicly visible on Valentine's Day 2010. That's when a parishioner at the church accused pastor Jae-Kap Song of telling her: "Your husband's spirit is very evil. That is why your skin tone is changing. I need to see your body naked."
- She said she refused to strip for him, but eventually removed her blouse.
- Other women in the congregation also said Song made sexual advances through a female intermediary. One of his favourite lines, they said, was: "If you have sex with me, your spiritual level will grow."

It was a dream wedding with a nightmare beginning for Hyung Jun Ha and Anna Kim.

The couple met 19 months ago, after Ha and eight other members of the tiny Jesus First Church congregation were charged with 485 sex offences, including offering drugs for sex, threatening death, forcible confinement, assault and gang sexual assault.

Kim's mother persuaded her to act as a surety for Ha, whom she knew from church.

The court then ordered Kim, 26, to keep close tabs on Ha, 28, and to accompany him whenever he left her home.

That court-ordered closeness blossomed into romance and marriage for Ha and Kim.

In what must be a first for GTA courts, Justice An-

"We started our relationship during the most difficult time of our lives, but we got through because we had each other."

ANNA KIM, AT HER WEDDING

tonio Di Zio gave his blessing for Ha and six of his co-accused to attend the Oct. 1 wedding at a renovated barn near Sandbanks Provincial Park, about two hours' drive east of Toronto.

Kim said she had always wanted a rustic wedding and she and Ha found the site on the Internet.

During the ceremony, Ha and Kim alluded briefly to the lurid sex allegations against him that brought them together, as Ha's bail conditions required him to be in her presence at all

times.

"Ann, you make me happy," Ha told Kim during their Korean-language wedding ceremony. "I am happy when I am with you. I want to make you happy. I want to be together with you forever. Now I promise before God that I will make you happy."

Kim cried as she replied: "Jun, I love you so much. I never believed in soul-mates but now I do. ... Unfortunate events had brought us together, but I believe it's all what God had planned."

All 485 charges were thrown out yesterday.

Meanwhile, the Jesus First Church has dropped to about 10 members, less than one-quarter of its size before the accusations began, and merged with another church in the Bayview and Sheppard area.

TORSTAR NEWS SERVICE



► A wedding photo of Hyung Jun Ha and Anna Kim.

Upward pressure easing on housing market

Realtor Whitney Jorgensen felt the cool winds of change start blowing across Toronto's hot housing market a few weeks ago.

After months of successfully under-listing properties to create bidding wars that had been pushing prices above market values, Jorgensen noticed more buyers opting to stand on the sidelines instead.

While Toronto continues to lead the country in terms of house sales — sales were

up 5.2 per cent in September over August, more than double the 2.7 per cent national average — "the general sentiment is that the market is beginning to slow and prices are stabilizing," says Jorgensen.

The average price of a house in Toronto hit \$465,369 in September, up from \$427,269 the same month last year. But when adjusted for seasonal fluctuations, the average price was actually down in Sep-



► The "average house" in an average central Toronto neighbourhood.

tember just slightly, 0.6 per cent, from August, according to figures released yesterday by the Canadian Real Estate Association.

The numbers indicate that recent changes to mortgage regulations may also be helping to limit the growth in prices, says Gregory Klump, CREA's chief economist.

Agents right across the city have been increasingly seeing bid dates come and go on homes with low or no

offers at all.

But the real wakeup call for Jorgensen came in late September on a Beach semi she had listed for \$399,999, hoping to spur on a bidding war. Three offers came in, all significantly less than the owners had been expecting.

So Jorgensen took it off the market and relisted it Sept. 29 at a more realistic price — \$439,000. It sold two days later for \$427,000.

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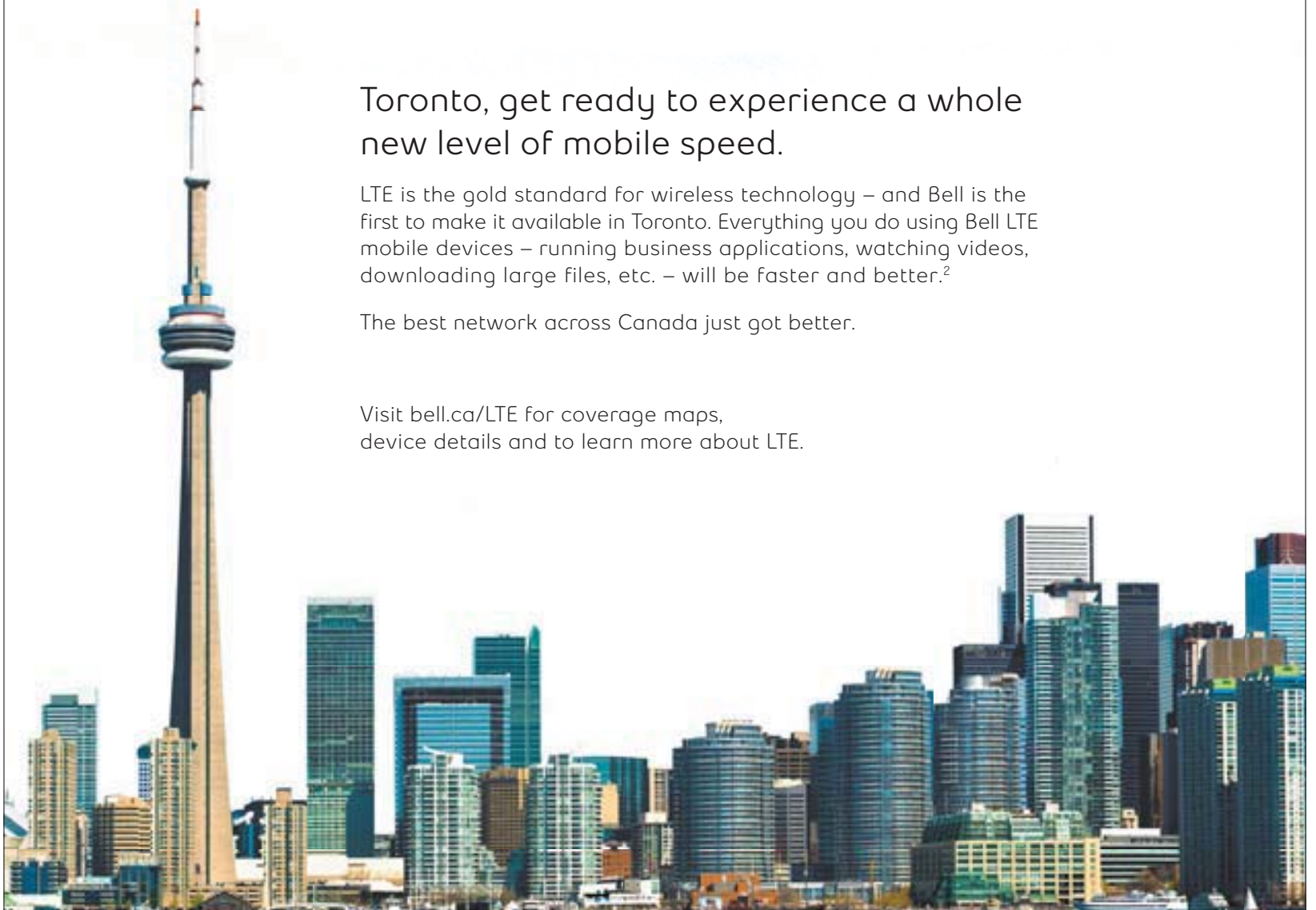
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Event focuses on women's brains

► Participants will learn how to keep their minds in shape, schmooze with keynote speaker Hilary Swank

It's a stereotype-perpetuating, groan-inducing truth that you can't help but laugh at: Female rodents are often fussier than males, which can, at times, make them difficult for

laboratory researchers to deal with.

That means lady rodents often have to be caged separately, taking up more precious lab space than their male

counterparts. All in all, it's easier to use boy rats for research — and many scientists do.

The bottom line? Much scientific research is male-focused.

That's why the Women of Baycrest — a network of Toronto women who raise funds to support research on the female brain — are hosting Canada's first-ever conference on women's

brain health in Toronto today.

The conference will bring leading brain experts together to talk about sex differences in the aging process and how

to keep the brain as fit as possible.

Lynn Posluns said the group has raised \$2.5 million for research on women's brain health.

TORSTAR NEWS SERVICE

For full program details and to manage your account online, visit starbucks.ca/rewards. Terms and conditions apply to Starbucks Cards.



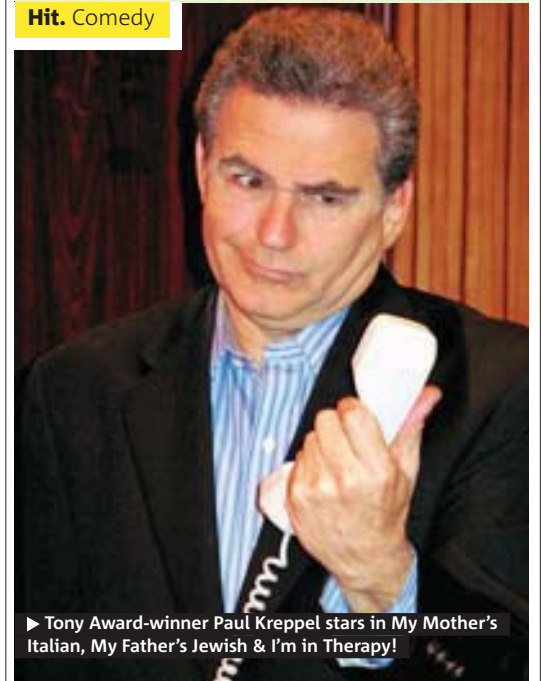
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Hit. Comedy



► Tony Award-winner Paul Kreppel stars in *My Mother's Italian, My Father's Jewish & I'm in Therapy!*

CONTRIBUTED

Family life a laugh riot

My Mother's Italian, My Father's Jewish & I'm in Therapy! played for two years in New York City and has toured in more than 100 cities. It opens tomorrow at the Bathurst Street Theatre and runs through to Jan. 1. Visit www.italianjewish.ca for more.

SIU clears T.O. officers in carnival shootings

The province's Special Investigations Unit has cleared two Toronto police officers in the shooting of three people, including one innocent bystander, at the Caribbean Carnival parade on July 30.

However, the police officers' names are being kept secret. Spokesman Frank Phillips said the SIU doesn't release names of officers unless they are charged.

Kevin Murray, 30, of Ajax was shot dead in the confrontation. Megan Martin, an innocent 21-year-old participant in the parade, was shot in the

back and suffered serious internal injuries that will require long-term recovery.

A third person was grazed on the left eyebrow.

SIU director Ian Scott, although declaring the police

shooting of an innocent victim a "great tragedy," said he found no evidence of criminal wrongdoing on the part of the two officers.

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► Ian Scott



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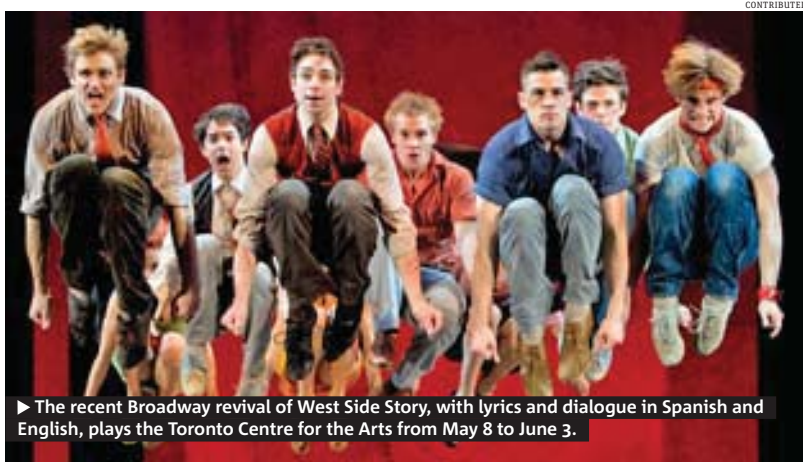


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A Prince, an ogre, a beauty and more



► In the Heights — a Tony Award-winner for best musical — is a tuneful portrait of the multiracial Washington Heights neighbourhood in New York. It starts Dancap's 2012 season and runs Feb. 7 to 19 at the Toronto Centre for the Arts.



► The recent Broadway revival of West Side Story, with lyrics and dialogue in Spanish and English, plays the Toronto Centre for the Arts from May 8 to June 3.

► Among highlights of Dancap's new theatre season is musical based on life of legendary Broadway producer

Dancap Productions announced its 2012 season yesterday and not only did it promise a wide assortment of hit musicals, but for the first time in too many years, there's a new Broadway-bound musical having its world premiere in Toronto.

On the playbill is the Tony Award-winning musical *In the Heights*, as well as *Million Dollar Quartet*, *Beauty and the Beast*, *West Side Story* and *Shrek*.

But, like the brightest and most glittering package under the Christmas tree, the newest and most exciting creation on the list is Dancap's world premiere, *Prince of Broadway*, based on the life of Harold Prince, the fabled Broadway director and producer.

Remember *Show Boat* and *Kiss of the Spider Woman*, which started out here and went on to Gotham triumph? Yes, that Harold Prince, the man behind those shows (and countless others).

Prince of Broadway clocks the life of Prince, the only man in history with 21 Tony Awards to his credit, both as producer (*Fiddler on the Roof*) and director (*The Phantom of the Opera*).

Prince has always been known as an artist for whom theme comes before all else. At yesterday's press conference at the Toronto Centre for the Arts, he was asked what he thought the message of this show would be.

"It culls from almost 60 years of working in the musical theatre and, in particular, it addresses luck as a factor in anyone's



"When we put together a list of all the songs from all the shows I produced, it came to 55 single-spaced typed pages. We've chosen from the hits as well as the flops, but every song is a good one."

HAROLD PRINCE ON THE SHOW PRINCE OF BROADWAY, BASED ON HIS LIFE AND CAREER

career," he said. "I will be represented onstage using a variety of techniques, not just film."

Perhaps best of all, the show will include music from all of Prince's major productions, which means it will be the first stage show to feature songs by both Stephen Sondheim and Andrew Lloyd Webber on the same stage at the same time.

Besides his numerous successes, Prince has also been the force behind shows that featured memorable songs, even though the musicals weren't hits themselves, such as *A Doll's Life* and *Parade*.

Prince of Broadway plays the Four Seasons Centre for the Performing Arts next August, the exact dates to be announced.

In the Heights starts the season and runs Feb. 7 to 19, at the Toronto Centre for the Arts. This warm-hearted show won the Tony Award for best musical for its invigoratingly tuneful portrait of the multiracial Washington Heights neighbourhood in New York City.

Shrek the Musical follows, from March 20 to April 1, also at the TCA, cataloguing the tuneful exploits of the biggest, greenest ogre you've ever seen, a witty donkey, a killer dragon and, of course, a gorgeous princess.

The recent Broadway revival of *West Side Story*, with dialogue and lyrics in Spanish and English, is at the TCA from May 8 to June 3.

One of the most beloved musicals of all times, Disney's *Beauty and the Beast*, plays the Four Seasons Centre for the Arts from July 3 to 22, while the rock-and-roll sensation, *Million Dollar Quartet*, shakes the roof off the TCA July 20 to 29.

TORSTAR NEWS SERVICE

Capping it off

► Dancap also announced the names of three Toronto actors who will appear in its December 2011 production of *Green Day's American Idiot*. Jake Epstein stars as Will, one of the leading roles. Talia Aaron and Gabriel Antonacci are members of the ensemble.

► For subscription and ticket information, go to dancaptickets.com or call 416-640-0172.

BRA Day offers uplifting message of healing

The first BRA Day — that's Breast Reconstruction Awareness Day — takes place across the country tomorrow.

Led by reconstructive surgeons and key stakeholder groups, BRA Day aims to educate breast-cancer survivors and promote

access to post-mastectomy reconstruction through community-based events and a new website, bra-day.com.

"When I realized that I was going to have to undergo mastectomy, my attentions were focused on both my health and on my

recovery following surgery," says breast-cancer survivor Jodi Brown.

"Reconstructive surgery restored my self-esteem and made me feel complete again. I think it is important for every woman diagnosed with breast cancer to know her options

early on and know that, after the emotional and physical hurdles, you can get back to being yourself."

In 2010, nearly 45,000 mastectomies were performed on breast-cancer survivors in Canada. About 92 per cent of those did not pursue breast recon-

struction, despite many options available as an insured medical service in Canada.

"A staggering number of women don't pursue reconstruction," says Dr. Mitchell Brown, a plastic surgeon and the founder of BRA Day. "The main rea-

sons are lack of awareness and the reality that, in a fight against cancer, the quest for survival overshadows the esthetic aspect of recovery."

For more information, check out the website: bra-day.com/events.php.

● METRO

Horse. Sense



▶ A Trojan horse designed to represent the hidden evils of a Canada-European trade deal is barred at the gates to Parliament Hill yesterday.

SEAN KILPATRICK/THE CANADIAN PRESS

'Trojan' warriors battle free trade

About 20 people — including social activist Maude Barlow and several trade-union leaders — showed up on Parliament Hill yesterday to protest the multibillion-dollar Comprehensive Economic and Trade Agreement. Billed as the biggest thing since NAFTA, in 1994, the Canada-EU pact will give Canadian firms access to European markets. But critics warn it has wider implications that could erode Canadian economic sovereignty, eliminate jobs and damage companies.

Pricier power: Study

▶ Renewable energy more costly than projected, authors say ▶ 'Bogus,' retorts energy minister

Electricity prices will rise much more over the next 20 years than the province forecasts, a study suggests.

The study, by University of Guelph professor Glenn Fox and Parker Gallant, a newspaper columnist, says provincial projections omitted some costs related to renewable energy.

Fox and Gallant say a typical Ontario household that pays \$1,700 a year for electricity will be paying \$2,800 a year by 2015, compared with the government projection of \$2,500.

Sparks flying

Energy Minister Brad Duguid argues the study is flawed.

▶ He says costs the study claims were omitted from ministry estimates — such as back-up power for solar and wind generation — are in fact built into the long-term plan.

▶ Ministry analysts also say the study vastly overstates spending on conservation and other programs.

By 2030, they estimate the yearly bill will rise to more than \$4,100, compared with the government projection of \$3,400.

The study says government figures do not include an allowance for inflation that is built into renewable energy contracts and the cost of building natural-gas generators to back up variable wind and solar power.

It also says conservation measures will end up costing consumers more, not less. **TORSTAR NEWS SERVICE**

QUEBEC SCANDALS

Charest calls special caucus meeting

Quebec politics is abuzz with speculation that Premier Jean Charest may finally call a corruption inquiry after two years of pressure to do so.

A special meeting of his Liberal caucus is taking place today in Quebec City. The move comes af-

ter a series of scandals involving cost overruns in the construction industry and allegations of illicit ties linking that sector to organized crime and political parties.

Charest has created an anti-corruption investigation unit and introduced reforms to political financing and municipal contracting. But the changes have not quelled the political furor, and his government is facing a backlash among the public and within its own ranks. **THE CANADIAN PRESS**

Study looks at tattoo stigma

Do employers look down on would-be hires with tattoos or piercings? That's the subject of a University of Calgary study by graduate student Cayla Martin, who was told to hide her tattoos and facial piercings while she was working her way through university. Martin is interviewing female students and employers to find out why a stigma is attached to body art. **THE CANADIAN PRESS**

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Israel set to trade 1,027 prisoners for one soldier

Deal drew emotional response from some Israelis due to numbers and identities of Palestinians including 2 prisoners involved in capturing soldier

The elaborate machinery of a prisoner swap deal between two bitter enemies swung into motion yesterday, as hundreds of Palestinians and one Israeli soldier prepared to return home in one of the most dramatic recent developments in the otherwise deadlocked Israel-Palestinian conflict.

The Israel-Hamas deal, to take place this morning, is going ahead despite criticism and court appeals in Israel against the release of 1,027 Palestinians for a single captured Armored Corps sergeant, Gilad Schalit, held by militants in Gaza since 2006.

The exchange, negotiat-

ed through mediators because Israel and Hamas will not talk directly to each other, involves a delicate series of staged releases, each one triggering the next.

When it is over, Schalit — 19 years old at the time of his capture, and 25 now — will be free, ending what for Israel has been a prolonged and painful saga.

Israel was forced to acknowledge that it had no way of rescuing Schalit in a military operation, though the soldier was held no more than a few miles from its border.

Instead, Israel agreed to a lopsided prisoner ex-

change that Hamas officials have openly said will encourage them to capture more soldiers, and which will free Palestinians convicted of some of the deadliest attacks against Israeli civilians in recent memory.

Numerically uneven swaps for captured or dead Israeli soldiers held by armed Arab groups have taken place a number of times since the 1980s.

When today's exchange is complete, 477 Palestinians held in Israeli jails will have been released, several of them after decades behind bars. Another 550 are set to be released in two months. **THE ASSOCIATED PRESS**

Freeing militants

- Among those being released are militants involved in suicide bombings during the second Palestinian uprising, which began in 2000.
- One woman, Amna Muna, was convicted of luring an Israeli teenager over the Internet onto Palestinian territory, where another Palestinian killed him.
- Another prisoner, Nasser Yateima, was convicted of masterminding a hotel bombing that killed 30 people celebrating the Passover holiday in 2002.



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ILIA YEFIMOVICH/GETTY IMAGES

Kin of suicide bomb victims lose appeal

In Israel, relatives of victims of Palestinian attacks filed court appeals aimed at stopping the deal.

One was filed by the surviving members of the Schijveschuuder family, whose parents and three siblings were killed when a Palestinian suicide bomber blew up a Jerusalem pizzeria in 2001, killing 15.

At an emotionally charged Supreme Court hearing yesterday, Noam Schalit, the captured soldier's father, urged the judges not to delay the exchange. Late yesterday, the court decided not to intervene, removing the last hurdle for the deal to go through.

A poll published yesterday showed an overwhelming majority of Israelis — 79 per cent — supporting the deal. Only 14 per cent were opposed.

THE ASSOCIATED PRESS

► Relatives of Palestinian prisoner Haled Muhasen hold a picture of Haled as they await news of Palestinians due to be released from custody in a prisoner exchange deal, yesterday in east Jerusalem.



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Toddler was left to die

Video of two-year-old run over by van in China sparks outrage, disbelief

Closed-circuit camera footage posted on YouTube and Youku, a Chinese video-sharing site, shows that a two-year-old girl, identified by the China Daily newspaper as Yueyue, was left writhing in a street as roughly a dozen pedestrians, cyclists and motorists passed by inside a wholesale market in Foshan, a city in China's southern Guangdong province.

The passersby all ignored the girl's bloody body.

The incident, which occurred last Thursday, was captured by a surveillance camera and aired by a local TV station.

A rickshaw driver, a motorcyclist and even a woman hand-in-hand with a young child noticed the toddler, but neglected to

stop. The girl was run over a second time by a light-duty truck.

After the first van driver struck the little girl, he paused, his vehicle straddling the girl's torso, before driving forward, running her over a second time with his back wheel.

One commenter on the Twitter-style Chinese microblogging site Weibo posted, "This society is seriously ill. Even cats and dogs shouldn't be treated so heartlessly."

Another wrote: "Now people ignore everything other than money. This society is lacking people with a conscience badly."

Nearly 10 minutes after the initial accident, a 57-year-old garbage collector scooped Yueyue from the middle of the road and placed her out of harm's



► A screengrab from the YouTube video of Yueyue, left writhing on the ground after being run over by a small truck inside a market in Foshan, China, as people pass by and ignore her.

way. The China Daily reported that the rescuer had been ignored when she had sought help for the girl.

The Chinese news agency Xinhua said the girl

remains in hospital in a deep coma, however, the Shanghai Daily reported the girl died in hospital on Sunday.

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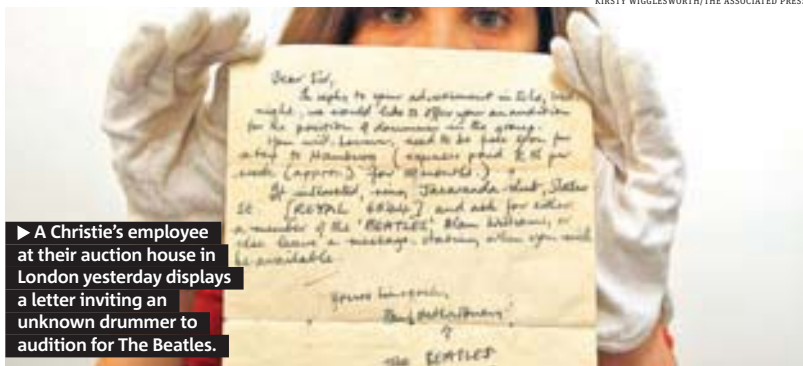
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► A Christie's employee at their auction house in London yesterday displays a letter inviting an unknown drummer to audition for The Beatles.

Beatles letter up for auction

► Early McCartney note shows the band sought drummer before 1960 trip to Hamburg, Germany

Somewhere, an aging drummer (identity unknown) is probably still kicking himself.

A newly discovered letter found folded in a book at a Liverpool yard sale has shed new light on the Beatles' early days, revealing that Paul McCartney offered an audition to a mystery drummer in 1960, just a few days before the band

left for a formative two-month gig in Hamburg, Germany.

The letter, to be auctioned next month by Christie's, has surprised Beatles scholars. It was written two years before the band bounced drummer Pete Best in favour of Ringo Starr, who arrived just in time to help the Beatles' conquer first Eng-

land and then the world, earning untold millions along the way.

The Aug. 12, 1960 letter handwritten by McCartney offers an audition to someone who had advertised their availability in the Liverpool Echo newspaper four days earlier. The unsigned ad said simply: "Drummer-Young-Free."

THE ASSOCIATED PRESS



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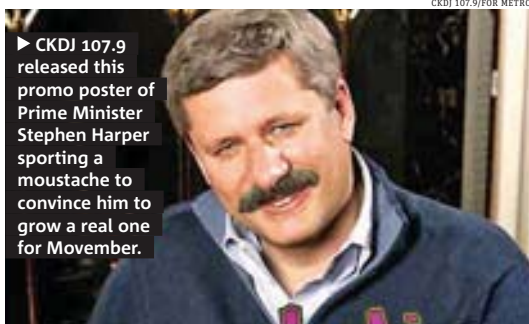
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► CKDJ 107.9 released this promo poster of Prime Minister Stephen Harper sporting a moustache to convince him to grow a real one for Movember.



Call for Harper to grow a 'mo'

► Campaign raised \$76.8 million in 2010, \$22.3 million from Canada



JOE LOFARO
@METRONEWS.CA
METRO CANADA IN OTTAWA

Algonquin College's student-run radio station is trying to convince Prime

Minister Stephen Harper to grow a moustache in support of next month's Movember campaign again.

But an email statement read that Harper's upper lip will stay bare. "While the Prime Minister will not be

growing a mustache this year, he does wish the organizers of this year's campaign every success in raising funds and in increasing awareness of prostate cancer."

CKDJ 107.9 program

manager Ryan Gibson is confident he'll gather the 10,000 signatures he is seeking. "I'll keep pushing for him to grow one until the end," said Gibson.

Sign the petition at facebook.com/ckdjmovember.

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Ottawa doc says sorry for infection scare

An Ottawa clinic that used to perform endoscopic procedures is where 6,800 people may have been exposed to HIV and Hepatitis B and C, officials with Ottawa Public Health (OPH) say.

A news release issued by the city yesterday named Dr. Christiane Farazli as the clinic operator, located at 1081 Carling Ave. The clinic no longer performs such procedures, the release says. It adds Farazli is work-

ing with OPH.

Officials say the risk is low to patients, but they need to be made aware so they can be tested for infection. "I sincerely regret that the issues that were identified in my facility occurred and I apologize for any inconvenience or anxiety that patients may experience upon receiving this notification," Farazli said in the city issued statement.

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► Crowd sourcing links piecework with individuals ► Freelancers are doing for the service economy what low-wage workers did for manufacturing

The emergence of cloud computing is about to change the way we work.

The cloud hosts software and storage on massive remote servers around the world, allowing people to work from home computers on assembly-line tasks in competition with thousands of others.

"The whole industry is in very early days," says trailblazing Australian entrepreneur Matt Barrie, founder of Freelancer.com.

Mechanical Turk

Unveiled by Amazon in 2005, Mechanical Turk is a granddaddy among crowdsourcing sites.

- On a typical day, about 125,000 "human intelligence task," or HITs, get posted on the job boards.
- Typical payment is 1 cent,

"We are on the verge of transforming society and

so a Turker (the person doing the work) would have to complete 1,025 of these tasks an hour to earn the minimum wage in Ontario.

- Most HITs require a split-second judgment call and a couple of mouse clicks, like matching an image to a line of text. It's the sort of job a human can still do faster than a computer.

how we run business."

Customer service, software development, writing, marketing and design are just some of the sectors ripe for this revolution.

Rather than housing and staffing a call centre, for example, an increasing number of businesses use services such as LiveOps, which employ individual freelancers as needed.

Most live in developing

countries, but many thousands work from homes in North America and Europe.

As the freelancers work from a remote location, businesses don't have to pay office costs, benefits or pensions.

Freelancer.com, started in 2004, credits itself with 2.8 million user-workers and 1.2 million jobs to date. It recently featured a posting from "Bonnielee," of Renfrew, Ont., who was looking for someone to ghostwrite a novel in seven to 10 days, for between \$150 and \$200.

Matt Barrie says 34 per cent of the freelancers on his site live in India. About 11 per cent live in the U.S.

The English-speaking developed world is the largest source of work.

TORSTAR NEWS SERVICE

BCE. Technology



► BCE chief executive George Cope speaks to the Canadian Club in Montreal yesterday.

RYAN REMIORZ/THE CANADIAN PRESS

Bell ringing in changes

Telecom giant BCE expects to spend \$3 billion next year to keep up with technology for consumers and business users, chief executive George Cope said yesterday. Bell will roll out a faster wireless network for mobile phone and wireless laptop users called Long-Term Evolution (LTE) next year, he said.

Market moment

TSX	Dollar	Oil	Natural gas
			
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Here's one example of how we do it.

JAMES: I run a business as an electrician. Things were OK when I started out, but then the recession hit. All of a sudden, my customers couldn't make their payments on time.

I started working longer hours, which hurt my family. I began to realize how much balance my wife and children brought to my life — the less I saw them, the worse my situation felt.

Business kept going south. I considered relaxing my repayment terms (giving customers 60 or 90 days to pay me back, instead of 30), but that wouldn't have solved my cash-flow problem. So I started looking for new customers in a down market.

The more hours I spent doing that, the fewer I spent at home.

I needed help.

CELEBRATE SMALL BUSINESS WEEK

BMO is celebrating Small Business Week 2011, and you're invited to the party. This week, more than 400 participating BMO branches will be hosting their own Biz Cafés: Local events across the country to thank small business owners (like you) for their achievements. It's an opportunity to celebrate with the experts who can help owners grow their business.

BMO Biz Cafés will be popping up across Canada.

To find the one nearest you, visit bmo.com/smallbizweek.

JOE COLLURA, BMO SMALL BUSINESS AREA

MANAGER: I remember James. We had a long conversation.

He did most of the talking. He told me about his business and how much it meant to him.

He explained the solutions he'd tried, which weren't working.

When he'd finished, I asked him how all this affected him personally. James was surprised by that. I explained to him that at BMO, we look for solutions that solve problems at home, as well as on the job. They aren't really separate.

That got him talking a lot more. And it gave me an idea.

James had never before operated on credit. He never thought to ask for it. So I convinced him to fund his business through a Small Business Line of Credit. This allowed him to meet his financial obligations and cover any temporary shortfalls of cash. It also made his hours more predictable, letting him get home to his family in good time. Six months later, his business had turned around.

CONNECT WITH PEOPLE IN THE KNOW THROUGH BMO

As a small business owner, you're part of a community. But it's bigger than the neighbourhood you live and work in. There's also a whole online world — where business people like you can meet, network and exchange ideas with experts in a range of fields. That is, if you can find them.

BMO aims to put you in touch. The new BMO SmartSteps for Business Online Community is your chance to connect with people in the know on subjects that matter to you. Comment on their daily blog posts, even if you disagree; engage them in dialogue through BMO.

Of course, you probably have a large network of contacts already. So grow it further by engaging your fellow entrepreneurs online in this eCommunity. Instantly share the posts you like best by clicking icons for Facebook, Twitter,



ISTOCKPHOTO/THINKSTOCK

RSS feeds and email in the top right corner of each page. Continue to discuss and debate in the comments section of each post. Read the latest feedback on Twitter by following @BMOsmb.

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Hampshire Gate at Dundas
Oakville Place

ORANGEVILLE
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OSHAWA
Five Points Mall
Oshawa Centre

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LIES MY TV TOLD ME

SHE SAYS ...

JESSICA NAPIER
METRO



I grew up on a steady diet of sitcoms. Before the days of Angry Birds and social networking, I turned to cable television for my nightly fix of mindless entertainment. And even though the programs were fictional, the zany antics of attractive ensemble casts started seeming pretty plausible after the second or third rerun. Here are seven sitcom myths I had to unlearn once I realized that real life isn't an after school special.

1. Having a career is just a plot device. Real people have jobs. You don't spend hours sipping cappuccinos and discussing your on-again, off-again love affairs in the middle of the afternoon; you actually have to work if you want to earn a living. Also, it's important to note that days at a real-life office aren't spent pranking each other with stationery in Jello moulds.

2. CHEERS: Where everybody knows your name. Your buddies don't hang out at one specific diner/coffee shop/bar all the time. Your social circle will be scattered across the city (or country) and you will rarely bump in to your friends by chance. That's what Foursquare is for.

"Paleontologists do not look like Ross Geller. They just don't. On a related note: Doctors don't look like Olivia Wilde and police officers rarely resemble Shemar Moore."

habit of chuckling after almost everything you say in an attempt encourage others to do the same. Or maybe that's just me? OK — moving on.

4. Everybody is attractive. Paleontologists do not look like Ross Geller. They just don't. On a related note: Doctors don't look like Olivia Wilde and police officers rarely resemble Shemar Moore.

5. Ex-lovers only reappear in re-runs. Your ex-boyfriend is not a hunky guest star that disappears after a four-episode arc. You'll inevitably run into him, probably when you're on your way home from the gym or sick with a head cold.

6. Have you seen my awesome apartment? Twenty-some-things don't shack up with astonishingly attractive roommates in impossibly expensive 2,000-square-foot industrial lofts. It's more likely that you'll end up living in a modest rental unit with your parents' old furniture and a mouse problem.

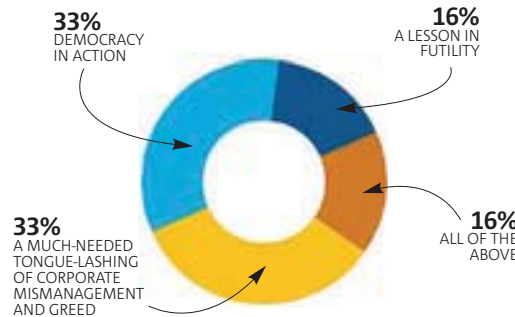
7. Being single is the best! Singledom is hardly a slew of comical encounters with eccentric yet loveable characters; most first dates are awkward and entirely underwhelming — hilarity does not ensue. There are also plenty of lonely, miserable nights; they just don't show that on TV.

Read more of Jessica Napier's columns at metronews.ca/shesays



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and take the quick poll

The Occupy Wall Street protests are:



Letters

The 99 per cent that Occupiers represent are demanding change and are gaining supporters from all walks of life.

In the past, the North American and European economies were dependent on an automobile sector, decent wages and population growth. Not to mention a need for consumers to keep on spending to keep the economy going. What is happening now is literally the opposite.

The gap between the rich and the poor is increasing dramatically.

The population is aging and there are less working people to support the government and society. Corporations are outsourcing jobs to countries like China and India. There are less decent-paid jobs now and unemployment is increasing. The people are no longer earning \$30 per hour unless you work for the government. This is reducing consumer spending, saving, and increasing debt. The population is basically scrambling for minimum-wage jobs.

Occupy Wall Street is an interesting phenomenon because it reflects this anxiety.

ALEX SANGHA
DELTA, B.C.



photo of the day



► This photo titled *A Still More Glorious Dawn Awaits* was submitted to the Imagination category by [vanessapaxton](#) from Toronto.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

'Excuse me officer, I was driving good'

Police say a Detroit-area man had his nine-year-old daughter drive him to the store because he had apparently been drinking.

Brownstown Township Detective Lt. Robert Grant said yesterday the girl was sitting behind the wheel in a child's booster seat before 3 a.m. on Oct. 8 when an officer opened the driver's side door of the full-sized panel van her father uses for work.

Grant tells the Detroit Free Press newspaper the girl said to the officer: "What did you stop me for? I was driving good."

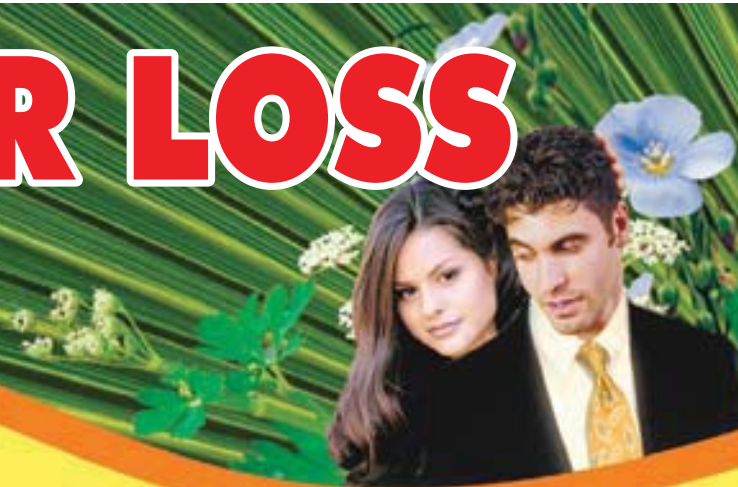
Someone called police after spotting the pair stopped at a gas station. The caller watched the girl get in the driver's seat and pull the vehicle onto the road.

"She's driving pretty good, I'm telling ya. I can't believe it," the man told the dispatcher.

The father was arrested and is facing several charges, including second-degree child abuse.

The daughter told officers her father had been drinking whiskey all night and took her out to drive. "Very sweet, intelligent little girl," Grant said. **THE ASSOCIATED PRESS**

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BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia (AGA) in adults (*male or female pattern baldness*.) It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

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How long must I use BIO-FEN PLUS™ ?

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ ?

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

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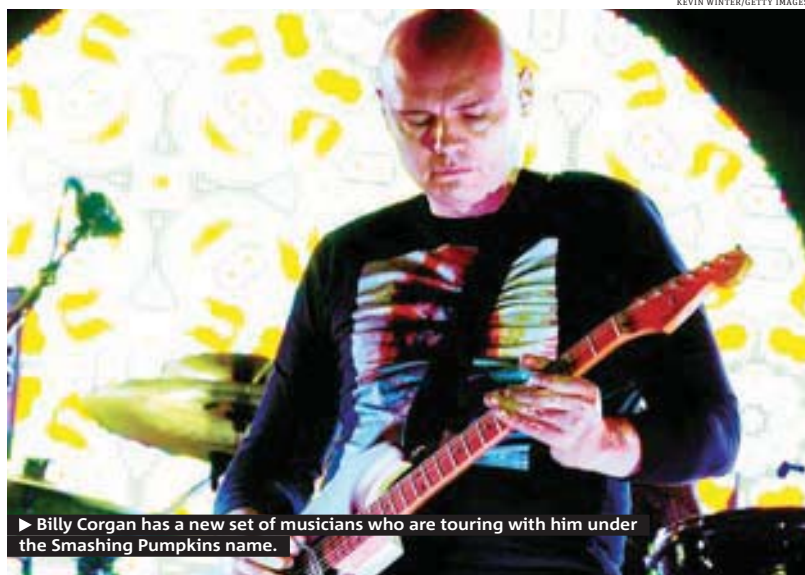
Smashing the past

► Billy Corgan talks new tour and his desire to bring the Smashing Pumpkins into the present

HEIDI PATALANO
SCENE@METRONews.CA
METRO WORLD NEWS IN NEW YORK

Billy Corgan is one of the titans of the '90s alternative rock scene. He's a polarizing figure, having issued a few controversial remarks in the past regarding his ex-band mates, with whom he no longer tours. But with a new set of musicians touring under the Smashing Pumpkins name, Corgan wants to bring the band into the present.

Does the music you write under the Smashing Pumpkins name differ from material you've written as Zwan or your self-titled work? It's weird because the whole idea with the Pumpkins originally that evolved in the early days was more that it was supposed to be kind of an experimental excitement kind of thing whereas away from the Pumpkins, I tend to write a little bit more traditional music. [It's] probably a little more obvious in a way. For whatever reason, the Smashing Pumpkins, the idea of the band or the spirit of the band, has always pushed me to force myself out of my comfort zone. If it's just me, Billy Corgan, I guess I want to try different things. There's something about the way the band was formed as being in awe of rock 'n' roll but also



KEVIN WINTER/GETTY IMAGES

► Billy Corgan has a new set of musicians who are touring with him under the Smashing Pumpkins name.

wanting to destroy rock 'n' roll. That spirit still pervades everything that goes on with the Pumpkins.

So then, how does one destroy rock 'n' roll?

Maybe it's different now, but let's say 20 years ago there was sort of an unwritten rule that you don't talk about how fake rock 'n' roll really was. If you saw this interview with Iggy Pop and he was talking about these amazing books he was reading, people would scratch their heads and say, 'I thought he was kind of stupid and rolled around in

glass.' So the Pumpkins came along and were willing to poke holes, particularly in the indie alternative world, in the facetiousness of the whole thing, this idea that we were all living in vans down by the river. It was this kind of fantasy that musicians were a subterranean class, were able to create works of incredible beauty or something. So we were just like, oh f— all that.

Where do you see innovation happening in music?

Honestly, I think in terms

of predicting something, the future of rock 'n' roll is probably in mixed media. Because it always starts in the basement with a 16-year-old. What can she do to actually change rock 'n' roll? Maybe she figures out a very cheap, easy but creative way of combining moving image, a personal vision, and music. So imagine like, a 16-year-old girl puts out a 20 minute film that she did on her own of moving images, songs that she created and suddenly, a million teenage boys and girls connect to what she's doing, not just because of

the song, but also the way she's cut the music and the sound effects, like a personal statement of her world but more three dimensional than say just music is. I think that's the future of rock 'n' roll.

In going into your back catalog as you kind of have to, are there any songs that you love playing again and are there songs you'd never play again?

Honestly, every time I tour, I look at the whole list and I go with what I feel. Songs we're playing on this tour, some songs I haven't played in like 17 years.

Like what? Which songs?

Oh, I can't give that away. But some songs you play and it's 'oh, it feels good to play this after 17 years.' But nothing's prohibitive. I love playing my songs. I've gotten a bad rap for being picky about what I'll play ... but it's weird because sometimes it's not so much that I don't want to play the song but it's the audience's expectations that effect what I want to play. You'll play a new song that's a pretty good song, and the audience applauds and then you play a mediocre old song and the audience acts like it's the greatest song they've ever heard. As an artist, you're standing there saying, OK, that's not real. That's a memory-sensory reaction.



Scene in brief



Opera star Measha Bruegggosman and songwriter Stephan Moccio will join Martin Short on the Canada's Got Talent judging panel. Citytv also announced that Toronto TV personality Dina Pugliese will host the show. Bruegggosman is a Juno-winning soprano. Moccio is known for writing the song I Believe for the Vancouver 2010 Olympics.

THE CANADIAN PRESS



E! News' host Giuliana Rancic says she has been diagnosed with breast cancer.

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Green Lantern
Genre: Action
Director: Martin Campbell

Stars: Ryan Reynolds, Blake Lively, Peter Sarsgaard

Canada's Ryan Reynolds shines dimly as the Green Lantern, the summer actioner of the same name based on the DC Comic and directed by Martin Campbell.

Reynolds is Hal Jordan, a cocky test pilot who busts up billion-dollar prototypes just for the hell of it. Oh, and to impress Carol Ferris (Blake Lively) who plays a corporate scold, frustrated pilot and Jordan's occasional bedmate.

The buffed-up Reynolds proves to be an inspired hire. His Jordan manages to keep a straight face when he meets a dying purple alien who hands him a Crackerjack toy ring and advises: "The ring chose you."

Reynolds shows promise in the role, if future installments of what's sure to be a franchise are able to scrape away some of the digital green goo that threatens to drown this film. That will be hard to do with a series as loopy as

this one. ● PETER HOWELL

Bad Teacher
Genre: Comedy
Director: Jake Kasdan
Stars: Cameron Diaz, Jason Segel, Justin Timberlake

Bad Teacher instructs us that Cameron Diaz needs to return to comedy school: being pitiful isn't the same as being funny.

She plays Elizabeth, a seventh-grade English teacher at a suburban Illinois middle school. She's a free-spending floozy with a substance-abuse problem, untreated chronic depression and a near-sociopathic disregard for the needs and feelings of others, especially her students and fellow teachers.

Lack of suitability for her job doesn't matter much to Elizabeth; she plans to ditch it anyway, and marry her rich fiancé (Nat Faxon).

Writers Gene Stupnitsky and Lee Eisenberg (vets of TV's The Office) surround



Elizabeth with one-dimensional sitcom types: a butt-covering principal (John Michael Higgins), an introvert with esteem issues (Lynn Davies), an extrovert with control issues (a game Lucy Punch) and a naïve supply teacher (Justin Timberlake, a former Diaz beau) who is as dim as a small appliance bulb.

Despite the extra talent, the main comedic course

load falls to Diaz, who proves unable to bear the burden under Jake Kasdan's flat direction.

It's too bad for Diaz. She badly needed a hit after recent duds like The Green Hornet and Knight and Day.

Extras include deleted scenes, featurettes and unrated version of film (Blu-ray only).

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'We're terrified of facing ourselves'

► Star Trek actor Zachary Quinto reveals sexuality ► Hopes to inspire others to be proud of who they are

For the first time, Zachary Quinto has opened up about being gay, explaining in an interview with New York magazine how much starring in the AIDS-themed Angels in America has affected him, calling it the "most challenging thing I've ever done as an actor, and the most rewarding."

At the same time, as a gay man, it made me feel like there's still so much work to be done, and there's still so many things that need to be looked at and addressed."

Quinto, who had previously refrained from comment on his sexuality, says he was compelled to do so after the suicide of bullied 14-year-old Jamie Rodemey-er.

"As a gay man, I look at that and say there's a hopelessness that surrounds it," he says. "But as a human being I look at it and say, 'Why? Where's this disparity coming from, and why can't we as a culture and society dig deeper to examine that?' We're terrified of facing ourselves."

● METRO



► Zachary Quinto

ALL PHOTOS GETTY IMAGES

Celebrity tweets

"i have spent the day in awe of this outpouring of support and resonance. we. are. in. this. together. NEVER FORGET! i am deeply moved."



@ZacharyQuinto



"Sitting in a restaurant with @hilariathomas and some VERY drunk people are railing against progressive politics. Madre Mia!!!!!!"

@AlecBaldwin



@JerrySeinfeld

"Wolf Blitzer beard. Grow it in. Shave it off. I don't care. Just do something. Can't take it anymore."



@GarryShandling

"I like Herman Cain because if elected you get another president for half-price."

Iconic actress remembered by loved ones

Elizabeth Taylor was honoured by friends and family at a memorial event held on the Warner Bros. lot in Burbank over the weekend, according to People magazine.

Hosted by Colin Farrell, the event was attended by Taylor's children Michael and Christopher Wilding, Liza Tivey and Maria Burton, and stepdaughter Kate Burton, as well as friends such as Michael Caine and Elton John, who performed at the ceremony.

● METRO

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3 life

New study shows



Ten per cent of women worry more about their waistline than they do about their relationship. The survey revealed that these women admitted they felt guiltier cheating on their diet than on their partner.

● METRO



U.K. medical group rejects 1st drug to extend lives for patients with advanced skin cancer



► If you're going to take on barefoot running, be sure to slowly ease into it.

Benefits of barefoot

► Running sans shoes has begun to catch on in fitness circles ► But there are questions about why it could be good for you ► Experts suggest easing into a new style to avoid injury



CELIA MILNE
LIFE@METRONEWS.CA

Is barefoot beautiful?

It's becoming more common to see people running with bare feet or wearing super-light shoes.

But should you toe the line?

To find out if this is a more "natural" way to run, Metro contacted Reed Ferber, director of the Run-

ning Injury Clinic and an associate professor in kinesiology at the University of Calgary.

He believes at the moment the trend is driven more by marketing than health.

"There is no research to support that running barefoot, or in a minimalist shoe, will improve performance or reduce injury risk," he says.

Given time, research

might reveal benefits. Dan Lieberman from the department of human evolutionary biology at Harvard University is studying how the naked foot lands during running versus how the shod foot lands, and what impact this has on the body.

He is trying to figure out why humans apparently need fancy shoes to run when they ran without them for eons.

One theory is that some people don't need elevated and highly cushioned heels because they land on their mid-foot or forefoot rather than their heel.

Ferber estimates that less than 10 per cent of the population has the proper anatomical alignment, adequate ankle stabilizer strength, and calf muscle flexibility to run in a barefoot-style shoe.

"The rest are at risk for

injury unless they transition properly," he says.

If you are interested in switching to barefoot running, Ferber recommends easing into it over four to six weeks and taking a few months to regain your pre-switch mileage.

It's also important to do gentle calf raises after running to strengthen calves, which will be impacted differently when you run barefoot.

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Be Smoke-Free • Get
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TORONTO Public Health



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with dinner



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reasons to quit smoking



Talk to a doctor about
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Get ideas. Give ideas.



toronto.ca/health

You'll never look at a cell the same way

Some cellphones harbour E. coli bacteria, U.K. hand washing study finds So, maybe, don't take your phone into the bathroom any more

A new hand washing study has found cellphones teeming with bacteria — and some even harbour the sort of germs that should give people an incentive to scrub better after visiting the washroom.

Sixteen per cent of hands and mobile phones examined for the study, conducted in 12 cities in the United Kingdom, were found to carry E. coli, which originates in fecal matter and can cause diarrhea and vomiting.

"We sent some of my students up and down the length and breadth of the country with a number of swabs, and they swabbed hands and the mobile



ISTOCK PHOTO

phones associated with them, and they brought their swabs back ... to identify the prime organisms," said Ron Cutler, director of biomedical science for degree programs at Queen Mary, University of Lon-

don.

"One of the major relationships was that basically if your hands are very dirty, then your phone tends to be also very contaminated with the same type of bacteria," Cutler said in an interview Friday from London.

The students took swabs from the hands and cellphones of 390 people — about 30 to 40 samples per city, "which believe me, is a lot of bacteriology," Cutler said.

An analysis found 92 per cent of phones and 82 per cent of hands had traces of some type of bacteria on them.

THE ASSOCIATED PRESS

Best Health Minute



BONNIE MUNDAY,
EDITOR-IN-CHIEF,
BEST HEALTH
MAGAZINE

The truth about parabens

When you see 'Paraben free' on a beauty product's label, you might assume that parabens are a bad thing. It's a subject that our beauty editor Rhonda Rovon explores in the October issue of Best Health.

For example, is there truth to the claims

that these synthetic preservatives — which extend a product's life by stopping fungus, bacteria and other microbes from growing in creams and makeup, especially in the moist, warm environment of a bathroom — cause cancer?

What does Health Canada say?

In products without parabens as a preservative, the replacement is often another chemical

preservative, called phenoxyethanol.

Is it better and safer?

It's a fascinating subject, because without preservatives, we may all end up with refrigerators in our bathrooms that store our products so they don't spoil. The answers to the above questions are in the October issue.

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The Fox: Changing pub food

► Pubs are known for their drink options & social atmosphere ► This one breaks the mould with eats like The Nacho Stack & Whiskey-Smoked Wings

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONews.CA



Pubs are where you go to socialize with friends, drink and perhaps eat.

But rarely is food the draw. That's all changed thanks to The Fox.

It looks and feels like a pub, except for the stand-out food.

The Nacho Stack (\$15.95) consists of three



► The Nacho Stack (\$15.95)

crisp corn tortillas layered with Applewood smoked pork slices on the bottom, moist chicken and pepper jack cheese in the middle, and on top, a thick swath of guacamole and sour cream, sprinkled with pico

de gallo, jalapenos and scallions. Your server cuts it into wedges, so you eat off of big slices instead of broken, soggy chips.

Firecracker Whiskey-Smoked Wings (1 lb./\$11.75) are served like

lollipops, with the clean bone sticking out. At the base, succulent, smoky, sticky chicken awaits you.

You'll smell the smoke on your hands for the rest of the day, but boy is it worth it.

► **The Fox**
35 Bay St. (south of Front)
416-869-3535
foxonbay.ca
Reservations: No
Social lunch: Yes
Rating: 5 out of 5

Chokladboll (Scandinavian treat)



Preparation:

1 In bowl of food processor, pulse oats, sugar and cocoa powder to combine. Add vanilla and butter and pulse again, to mix. Add coffee and pulse until mix has come together. Remove blade and give mix a stir. Refrigerate for 1 hour.

2 Place coconut in a shallow dish, such as a pie tin. Roll chocolate-oat mixture into 3-cm (1 1/4-inch) balls, then roll each

in the coconut. Refrigerate in an airtight container.

THE ASSOCIATED PRESS/
ALISON LADMAN

Ingredients:

- 875 ml (3 1/2 cups) quick oats
- 250 ml (1 cup) sugar
- 125 ml (1/2 cup) cocoa powder
- 5 ml (1 tsp) vanilla
- 150 ml (10 tbsp) butter, room temperature
- 125 ml (1/2 cup) cold coffee
- Shredded coconut

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points?¹

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PATRICK SOJKA OFFERS HIS TOP 10 TIPS ON HOW TO MAKE YOUR LOYALTY AND REWARDS CARDS WORK FOR YOU

There's a reason customer loyalty and rewards cards have multiplied over the past 30 years in Canada. When companies can bank on repeat customers, they're able to offer incentives. In turn, customers keep coming back for the deals. It's a mutually beneficial partnership.

Top travel rewards expert Patrick Sojka is founder and CEO of RewardsCanada.ca, which offers a wealth of information about rewards programs in Canada including news, articles, reward program information and bonus offers for Canadians and worldwide visitors.

According to Sojka there are 10 top qualities you should look for in a loyalty and rewards card to ensure it's the best fit for you.

HOW DO YOU KNOW IF A REWARD PROGRAM IS RIGHT FOR YOU?

The whole purpose of having a rewards card is that it suits your needs, so examine those carefully. A program is right for you if it provides you with the type of rewards you like to receive without making you go out of your way to get them, said Sojka. While it takes time to learn about every program and what it takes to earn points, a program that matches your spending and travel habits will make earning points easier than one that doesn't.

EASE OF EARNING How long does it take you to earn points with this card considering the items and services you regularly buy?

EASE OF REDEMPTION Will the plan make it easy for you figure out how many points you have and how to redeem them?

HOW FAST WILL YOU RACK UP MILES/POINTS? Make sure you're earning rewards from the things you buy most.

EARNING PARTNERS The more places you can use your rewards card, the easier it is to earn.

NUMBER OF REDEMPTION PARTNERS AND OFFERS More means a greater pool of reward choices.

MAKE SURE THE PROGRAM HAS REWARDS THAT YOU CAN USE Many rewards programs are very flexible and offer a choice of discounts or freebies on merchandise, travel, or donations to charity. Many programs are now also offering financial rewards where customers get cash back.

SEE IF THE PROGRAM HAS A CO-BRANDED CREDIT CARD TIED INTO IT SO THAT YOU CAN EARN EVEN MORE This technique is called double dipping. E.g. When you make a purchase on your CIBC Petro Points

credit card you can also swipe your Petro Points Card, so that on a single purchase you're earning points from both cards.

DO THE PROGRAM'S RULES FIT YOUR EARNING AND BURNING GOALS? Check the point expiry dates, time limited rewards offers and other limited-time offers within the program to make sure it matches your personal timeline.

DOES THE PROGRAM COMMUNICATE WITH ITS MEMBERS WELL? It's often good to stay in the loop on special promotions and short-term deals.

WHAT OTHER BENEFITS DOES THE PROGRAM GIVE YOU OUTSIDE OF REWARDS? Look for added bonuses from a plan, such as insurance and elite travel benefits. Find out more about travel rewards at RewardsCanada.ca.

CONVENIENCE

Many companies are now making it easier for their customers to use their products.

Examples include the Mastercard PayPass and the Visa Wave, but other new innovations in

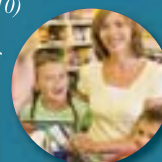
convenience are on the horizon. Patrick Sojka said he foresees loyalty programs moving towards a cardless system whereby users only have to provide a piece of information like a password for the merchant to access your account. Another direction Sojka said he sees reward cards going is towards a mobile based card like Cineplex's Scene program, which puts the user's card number and associated bar code right on his or her smart phone.



BY THE NUMBERS

- 84 per cent of Canadians state that they would travel more if they could use points to do so. (*American Express Starwood Study, June 2010*)

- 91 per cent of Canadians are making use of their loyalty programs. (*Air Miles and American Express Holiday Rewards Survey, Dec 2010*)



- 80 per cent of women belong to more than one loyalty program compared to only 69 per cent of men. (*Air Miles Survey, March 2011*)

- AIR MILES has more than 10 million members and Aeroplan counts more than 5 million members.

USE CASH-BACK CARDS AS A HOLIDAY BUDGETING TOOL



It's no secret that the cost of everyday living in Canada is on the rise—everything from gas to groceries to going out for dinner. So how are savvy families

preparing for the budget-breaking holiday season? We asked Tamara McPherson, founder of online networking community Wondermoms, to share her secrets.

"I've always been a fan of Costco—buying essentials in bulk is a budget saver for families," says McPherson. "But I was recently introduced to the TrueEarnings card from American

Express and Costco, and it's a great tool for the rational shopper. It puts money back in my wallet with every purchase I make."

Cash-back cards like TrueEarnings allow consumers to earn rewards at higher rates when purchasing essentials like gas or life's small luxuries like dinners out at restaurants. The card offers a 3% rebate on spending at restaurants, 2% on gas purchases and up to 1% on all purchases at Costco and elsewhere. So like McPherson, you can load up on your holiday gifts, groceries and gas, bring the family out to dinner and watch the rewards add up. Then give yourself a little gift in January, when Amex issues your rebate—

redeemable at any Costco warehouse in Canada for goods, services or cash.

"Gas, groceries, dinners out—these are purchases that families make every day. Putting all of your spending on a cash-back card earns you rewards and helps offset higher costs for such items. It makes smart financial sense, not only for the holidays, but every day," says McPherson.

McPherson's family-friendly tips for a bright holiday season and an even brighter financial outlook:

- Create a holiday spending plan that goes beyond gifts to include creep-up-on-you costs like postage, gift wrap, dinners, hostess gifts for holiday parties and travel expenses for visiting family

and friends.

- Recycle old holiday cards as gift tags. Your creations will be stylish, unique and best of all—free.

- Pitch the idea of a Secret Santa at the office or with your group of friends. Pick one person to buy for and cap the spending at a set price.

- Frame some of your children's colourful artwork for your parents or in-laws.

- Use sites like www.snapfish.com to create a personalized coffee table book of memories.

- Find DIY décor inspiration in your own backyard: Collect cedar bows, branches or sprigs of holly to create a festive holiday table.

HOW TO EARN THE BEST REWARDS FOR YOU

Rewards and loyalty cards can present a tricky conundrum. They can often help customers get uncommonly good deals on items they would normally buy, thus saving lots of money. But when used indiscriminately just to earn points, loyalty programs can leave you with purchases you might not need and haven't

budgeted for.

Patrick Sojka offered tips for making sure you get the most out of your rewards cards. The crux of the matter is that the best reward for one person may not be the best for the next person, he said. "It all comes down to how much you earn in your loyalty program. A frequent traveller

and high credit card spender could best use their points on First Class or Business class tickets to an international destination, while a student who is just starting out in the world of loyalty programs may best use their points on grocery gift cards to keep costs down."

It's all about creating a budget and pinpointing your needs, then using the rewards cards to work within that. As long as you spend/earn points on purchases that fit your lifestyle, rewards cards will work for you, especially since there are now so many options that individuals can find deals on almost

anything they need.

It's also important for cardholders to make sure they use their miles, points and other rewards before they expire. There are a number of ways to keep track of your programs. A simple spreadsheet on your computer will do, said Sojka. There you can update your point balances and track your last activity dates and dates of expiry. Some free third-party services also offer online rewards tracking, which can be useful because it makes many of the important calculations for you. For the best coverage of Canadian programs, Sojka recommends Awardwallet.com.

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Minimum redemption is 20,000 PC points (worth \$20 in free merchandise) and is in increments of 10,000 PC points thereafter, at participating stores where President's Choice products are sold. PC points are not redeemable against the purchase of tobacco, lottery tickets, alcohol, prescription medication, milk in Quebec, or any products or services prohibited by law or as determined from time to time. *When you receive your President's Choice Financial MasterCard, you will also receive four welcome coupons, each worth \$5,000 PC points. Redeem with any purchase at the checkout in participating stores where President's Choice products are sold, using your President's Choice Financial® MasterCard. Allow 4 – 8 weeks for PC points on coupons to be added to your account. See coupons for full details. Coupons have no cash value. **PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under license. ***MasterCard and the MasterCard Brand Mark are registered trademarks and the logo is a trademark of MasterCard International Incorporated. President's Choice Bank is a branch of the bank. All other trademarks are property of Loblaws Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. PC points program is provided by President's Choice Services Inc.

A LIFE-CHANGING EXPERIENCE



USE YOUR POINTS TO TRAVEL THE WORLD

Travel is transformative. Hiking jungle terrain to the ancient ruins of Machu Picchu, swimming with pink river dolphins in Venezuela or watching

giraffe graze the Serengeti at sunset — there are some incredible experiences to be had around the world. Having travelled to some 80 countries, across all seven continents, I speak from personal experience when I say that exploring the globe can be totally life-changing. It's a way to expand your mind, challenge conventions and learn about the world. Transform your travel dreams into reality with the following

budget-saving tips:

1. Sign up for Fare Alerts through Airfarewatchdog.com, Kayak.com, Orbitz.com, Expedia.com and Travelocity.com. When there's a cheap flight to your desired destination, these sites will notify you by email.
2. For more low airfares, discount codes and special promotions, follow all the major airlines and your fave hotel chains on Twitter and Facebook. You're

likely to find special deals that aren't publicized elsewhere. Cruise the Twitter hashtags #travel and #traveldeals for the latest sales.

3. For hotel and car rentals, bid on Hotwire.com or Priceline.com. If you've never done it before, sites like bidontravel.com and betterbidding.com will share tips on how to place a bid and beat the system.

4. Save money with alternative accommodations. Airbnb.com is a global online network of rental-by-owner accommodations in big cities across the world. From artist lofts in Venice Beach to houseboats in Amsterdam, this site offers some great deals, but a buyer beware attitude is always necessary.

5. Make use of your Rewards Points. These are currency, so redeem them towards future travel, be it flights, hotels, car rentals or even unique experiences. I use the American Express Gold Rewards because it allows me the flexibility to redeem for any type of travel. In addition to a hotel or flight, I can use my points towards car rentals, online deals or vacation packages. Find a cheap deal on Kayak, Orbitz or Travelocity or a cool adventure trip offered by a tour company and I can even use my points towards that! I can also transfer my points to a variety of airline programs, including 1:1 to Aeroplan.

For more budget-saving travel tips, check out my website at traveljunkiejulia.com

— Julia Dimon is the co-host of *Word Travels*, a docu-series about the real lives of travel writers airing across Canada on OLN and City TV.

HIDDEN GEMS

Chances are, if you've ever gone shopping for groceries or other retail goods you've been offered the chance to join a loyalty rewards program, but there are some great rewards programs that are a little farther off the beaten path. Hotel reward programs, for instance.

Most Canadians are unaware of frequent guest programs. And many that are aware of them, only join to earn miles in their frequent flyer account, because it partners with that hotel program, said Patrick Sojka, adding that it's a common myth that visitors must

stay at a hotel to earn points. In fact, five of the major hotel programs have co-branded credit cards in Canada to earn even more points.

"The rewards from hotel programs can be great. For example it can mean travelling luxuriously while still on a budget because you can redeem points to stay at fancier hotels right on the beach rather than the motel down the street without spending more money," said Sojka.

Hotel points are also flexible, often allowing guests to purchase other perks like room upgrades and airline miles.

Gas station rewards are also a hidden gem, Sojka said. Esso Extra is offering bonus points right now, and CIBC/Petro are heavily promoting their new credit card. These cards are great for those who drive a lot for business and can save customers money at the pump. Based on credit card spending alone, the gas programs will give a return of one to two per cent, which is roughly equal to the majority of the travel and cash back cards out there.

But customers should not only consider their credit card spending when deciding which one of these cards is best for them. You will earn extra points when you swipe the loyalty program's card during the same purchase you make with your points-based credit card, which is known as double dipping, said Sojka.

PERKS vs POINTS

With so many options out there it might seem difficult to choose between programs that give perks (like tickets to a hockey game) vs. those that earn points, but there is actually a complimentary association between the two, said Sojka. Most loyalty programs offer perks in addition to points. For example a frequent flyer with Air Canada's Aeroplan not only earns miles but can achieve the various levels of elite status with Air Canada which give priority boarding, business class lounge access and more as perks. Many retailers out there can run promotions like Rogers without a loyalty program, but without that program it can be tough for them to actually measure customer loyalty.

THE EVOLUTION OF LOYALTY AND REWARDS

Although not set in stone, the subject of customer loyalty has been around since commerce began thousands of years ago. The advent of the modern loyalty program came about in 1981 when American Airlines launched their AAdvantage Frequent Flyer Program.

Here are some other key dates:

May 1, 1981 — American Airlines launches AAdvantage

January, 1983 — Holiday Inn launches the first frequent guest program

July, 1984 — Air Canada launches Aeroplan program

1992 — Air Miles launched in Canada

October, 2006 — Aeroplan announces 12 month inactivity rule and seven-year lifespan on miles

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For Canadians interested in earning FREE FOOD FAST, it pays to be a President's Choice Financial® MasterCard® customer.

With Metro readers citing food as the number one loyalty & rewards redemption item*, it

should come as no surprise that President's Choice Financial MasterCard customers have earned more than three quarters of a billion dollars in free groceries and other rewards through the PC® points program.

(*Source: Metro Life Panel, Metro Toronto, Wednesday April 17, 2011)

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Right from the start, customers also earn ten PC points for every dollar spent on all purchases wherever they use their PC Financial MasterCard.

PC points members can redeem a minimum of 20,000 points at a time (equivalent to \$20) or higher amounts in further increments of 10,000 points (equivalent to a further \$10).

By redeeming at the point of purchase in-store where President's Choice® products are sold, customers can easily take advantage of great rewards from a Canadian retailer they know and trust.

ADDITIONAL BENEFITS FOR PC FINANCIAL® MASTERCARD CUSTOMERS

That's not all - the benefits of being a PC Financial MasterCard customer don't end there!

PC Financial MasterCard is constantly looking for ways to reward its customers. Through special coupons, online offers via the PC points Facebook fan page facebook.com/pcpoints and special limited time events that see shoppers earn ten or twenty times the PC points on purchases in selected stores, this is more than just another credit card!

REWARDING CUSTOMER LOYALTY

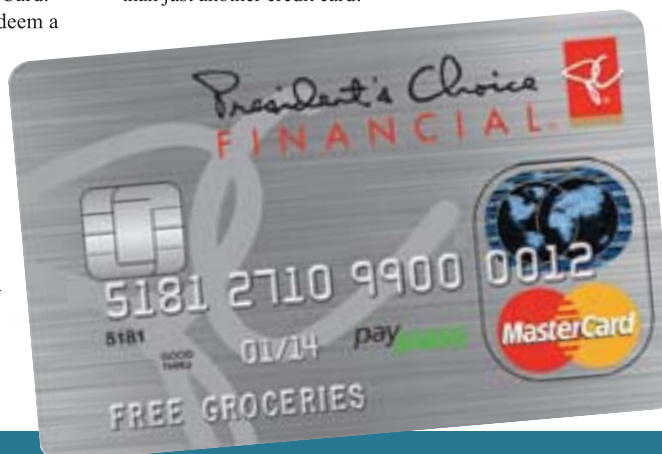
With more than 2,000 PC points 'Millionaires' at any given time, PC Financial MasterCard has found a way to reward its most loyal customers.

The President's Choice Financial MasterCard with Extra PC Rewards is an exclusive program that offers users double the PC points at participating stores where PC products are sold.

PC Financial MasterCard customers of more than a year are periodically evaluated for eligibility. Spending

levels and frequency of use are among the factors used to determine which customers will be offered the PC MasterCard with Extra PC Rewards.

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The President's Choice Financial MasterCard doesn't just help Canadians earn FREE FOOD FAST, it also helps save them time! By simply tapping their PC Financial MasterCard at the point of sale where there

is a PayPass® reader, customers have a quick and simple shopping experience, making life just that much easier.

As an early adopter of this technology, there are approximately one million

PayPass transactions each year by PC Financial MasterCard customers. More than 15,000 retail locations across Canada now accept PayPass, including Loblaw Companies Limited store locations.



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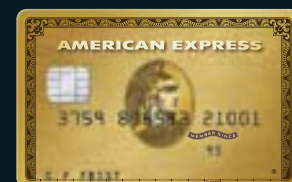
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WHAT'S THE BOTTOM LINE ON MORTGAGE BROKERS?

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA



There are over 400 types of mortgage products on the market and it's hard to know whether you're selecting the right one. That's why Canadians are using independent mortgage brokers at an alarming rate because mortgage brokers can save you time and money!

An independent mortgage broker isn't tied to any financial institution and instead works on behalf of you, the client, rather than the lender. Because they are not employees of a lending institution, mortgage brokers are not limited in the product they can offer you. They can seek out the

best mortgage options to suit your specific situation, from a multitude of lenders — banks, trusts, private companies, or insurance firms. Their primary role is to provide unbiased mortgage options and advice to clients.

Mortgage brokers can get better deals on mortgages, terms and rates because they have direct access to lenders. Once you've met with one, they'll prepare a funding proposal and shop it around to get the best and most appropriate mortgage options.

Brokers with strong networks can often get nearly instant approvals and they can negotiate better rates and terms on your behalf.

In the vast majority of cases, clients don't have to pay for the services of a mortgage broker. Instead, when the broker matches a lender with a buyer and a mortgage is placed, the broker is paid by the lender.

Their paycheque is based on the size of the mortgage, not the rate.

Major financial institutions have groups of in-house "mortgage brokers". But they're different from independent mortgage brokers because they sell clients mortgage products that are exclusive to the bank. If you're keen to stay loyal to your bank, you can ask your independent mortgage broker to negotiate specifically with your financial institution.

Be careful who you choose to work with. Not all brokers are great and have their client's best interests in mind. Get referrals from trusted friends or family members.

It's also important to research current rates and structures in advance of meeting with a broker. That way you'll have some idea of what you're hoping to achieve and can clearly communicate it.

HOW TO DEAL WITH INAPPROPRIATE CHATTER

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
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What do I do in situations where, in a social group, somebody starts to say something totally inappropriate for the situation and I need to interrupt the speech, and talk about something more neutral. Or somebody asks questions I do not wish to answer. In both cases I need to be very polite but do not know what to do or say. Please help. Elizabeth

Dear Elizabeth,

It can be very uncomfortable when you are with a group of people and some-



► If someone continues to say things that make you uncomfortable, it's a good idea to speak directly to that person. That's a better option than staying silent.

one begins to say or ask inappropriate topics of conversation.

First, try to draw as little attention to the matter as possible. I would say nothing and as soon as the person is finished talking, I would immediately go back to the conversation at hand.

If this person continues to say things publicly that

make you uncomfortable, your best bet is to speak with this person privately and mention that these questions they ask make you uncomfortable and could they please respect your privacy and not ask such things.

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Still 'prepared' 100 years later

► Recruitment and retention rates rising at Scouts Canada, organization says ► Modern updates are to thank

Scouts Canada insists it is attuned to the younger generation, despite being an organization that has been around longer than most of its members' grandparents.

The international youth group, established in 1907, is legendary for its merit badges, commitment to the outdoors, and leadership building. But despite its long history and deep-root-

ed traditions, it has been working to stay relevant to the times by making its activities co-ed, updating its uniforms and incorporating technology.

Although most members join at a young age and eventually lose interest after a few years, an increasing percentage is staying committed and involved long into adulthood. Steve Kent, chief commissioner of Scouts Canada, said recruitment and retention rates have gone up in recent years.

"It's become a way of life," said the 33-year-old, who started with the organization as a cub in 1984 and is the youngest person to hold his current title in Canadian history. "I wouldn't be who I am today, I wouldn't be where I am today if it wasn't for Scouts."



► The compass remains a key accessory of Scout life but modern devices have also been incorporated into environmental programming, such as GPS tracking systems.

"It's become a way of life. I wouldn't be who I am today. I wouldn't be where I am today if it wasn't for Scouts."

STEVE KENT, CHIEF COMMISSIONER OF SCOUTS CANADA

tions, making it easier to volunteer and providing more resources. The curriculum has also been updated.

"While you're still able to learn map and compass, we also do orienteering and geocaching with GPS," said Kent, who lives in Mount Pearl, N.L.

Kent said the average child between the ages of four and 14 in Canada spends 44 hours a week in front of a screen device like

a computer or iPad. Scouts Canada aims to help build a valuable relationship between its members and the outdoors.

"We were the original environmentalist," said Kent. "Long before it was cool or trendy to go green, scouts were planting trees and engaged in other environmental projects."

For 16-year-old Hannah Ridgeway, the biggest appeal of being a scout is the friendships she's fostered through the organization.

"I have best friends who I've known for five years who I have strong relationships with that will last forever," she said from Calgary. "Being able to hang out with them outside of school and go camping; it's just a different way of getting to know people."

THE CANADIAN PRESS

Stylish Scout

Esthetically, the organization has also updated its iconic beige uniforms.

► In March, Canadian fashion retailer Joe Fresh redesigned the outfits, which still include a neckerchief and button down shirts.

Up until three years ago, membership was on the decline. It had last peaked in the 1960s at around 320,000. Then in late 2008, it bottomed out at about 97,000 members, the organization said.

Numbers started to turn around in 2009 and since

then, Scouting in Canada has grown steadily for the first time in three decades.

This is in part a result of a task force action plan launched to modernize the organization. Its mandate includes getting more young people involved with internal leadership posi-

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Are you dreaming of becoming the next senior executive of your company? Are those dreams based on assurances of more money, seniority and status? If so then read on as this is the story of one employee who recently learned that employment promises must clearly be put into writing, otherwise it is as if they were never made at all.

Thomas McNeely was a "big deal" employee working as a senior executive for a weight loss company,

Herbal Magic, when a group of investors came together in a bid to purchase the company. McNeely, a sophisticated business person, was actively involved in the negotiations leading to the acquisition of the company and maintained his interest in becoming its next president and CEO. However, he was reluctant to invest his own money in the deal.

To persuade him to put up his own capital, McNeely was assured by the other investors that he would be a long-term senior employee of the new company and a member of its board of directors. However, this was not put into writing. Instead, McNeely negotiated an employment contract containing an "entire agreement" clause, which is a contractual term prohibiting parties to the contract from relying on

any oral promises not written into the contract itself.

After the acquisition, McNeely was named president and CEO, but only for seven months, until he was fired and removed from the board of directors. Since McNeely was unable to withdraw his financial investment in the company, he sued, claiming that the promises made to him constituted an agreement apart from the contract he signed.

At a recent court hearing, the judge concluded that the clause in McNeely's contract prevented him from relying on any promises or agreements not contained within the contract, despite the fact that the defendant did not deny making those statements.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP. TO READ THIS ARTICLE IN ITS ENTIRETY VISIT METRONEWS.CA

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Quoted



"We weren't very happy with the results, and we certainly knew that we were a better team than we showed."

TEXAS MANAGER RON WASHINGTON WHOSE RANGERS ARE HEADING INTO THEIR SECOND-STRAIGHT WORLD SERIES IN GAME 1 VERSUS THE ST. LOUIS CARDINALS TOMORROW NIGHT. LAST YEAR TEXAS WAS WIPED OUT BY THE SAN FRANCISCO GIANTS IN FIVE GAMES IN THE RANGERS' FIRST-EVER WORLD SERIES APPEARANCE.



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Leafs are unbeaten no more

► Colorado's David Jones scores winner early in OT ► Kessel, Kulemin notch goals for Toronto



David Jones scored at 1:11 of overtime last night as the Colorado Avalanche defeated the Toronto Maple Leafs 3-2.

Jones buried the rebound of a Kyle Quincey shot past Toronto goalie James Reimer.

Daniel Winnik and Milan Hejduk had the other Colorado goals, while Phil Kessel and Nikolai Kulemin replied for the Maple Leafs.

The loss was Toronto's first of the season after three wins to start the campaign.

Meanwhile, the Avalanche ended off their longest road trip of the season with a perfect 5-0-0 record. It's their first perfect road trip of that length in club history.

Jean-Sebastien Giguere started in goal for Colorado against his former team. The netminder, who signed a two-year deal with the Avalanche in the summer, was the Leafs' opening night starter last season.

After a scoreless first period, Kessel got the Leafs on the board just 19 seconds into the second. The sniper led a Toronto rush and ripped a shot past Giguere's



► Avalanche right winger David Jones celebrates his game-winning goal on James Reimer.

shoulder after crossing the blue-line.

Colorado tied it just over three minutes later at 3:31. Ryan O'Reilly brought the puck into the Leafs zone before passing back to a trailing Winnik, whose low shot beat Reimer.

Leafs had a chance to take the lead later in the period, but Kulemin missed a chance at an empty net

when Giguere was out of position and Clarke MacArthur was stopped on a follow-up chance.

Colorado's second goal came on the power play with just over five minutes left in the second. With Tyler Bozak in the box for interference, Hejduk let a shot go from the right side that beat Reimer.

THE CANADIAN PRESS

Kessel honoured

Phil Kessel was named the first star for the opening week of the NHL season after scoring five goals and eight points in three games.

► Notoriously shy, he answered only a handful of questions after receiving the honour Monday morn-

ing and largely deflected the praise to his teammates.

► "I'm just going out there and playing the game and doing whatever it takes to get wins," he said.

► He was selected over New York Islanders forward John Tavares and Dallas Stars goalie Kari Lehtonen.

Crash survivors

Two IndyCar drivers were released from a Las Vegas hospital yesterday after overnight treatment for injuries suffered the fiery crash that killed Dan Wheldon.

► IndyCar spokeswoman Amy Konrath says Pippa Mann had surgery for a burn to her right pinkie finger and will require a second surgery in two to three weeks and JR Hildebrand has a severely bruised sternum.

Fans honour Wheldon in Indy



► A racing fan leaves a tribute to Dan Wheldon at the Indianapolis Motor Speedway yesterday.

Dan Wheldon's biggest fans wanted one more chance to thank their favourite driver yesterday.

They turned Indianapolis Motor Speedway's main gate into a memorial for the two-time Indianapolis 500 winner, who was killed Sunday in a fiery crash in Las Vegas. Less than 24 hours later, the iron bars at IMS were decorated with flowers, notes of condolence, checkered flags, American and British flags and even half-gallon milk

"I wouldn't run them on ovals. There's just no need to."

FIVE-TIME NASCAR CHAMPION JIMMIE JOHNSON WHO CALLED ON INDYCAR TO STOP RACING ON OVALS IN THE WAKE OF DAN WHELDON'S DEATH. JOHNSON BELIEVES THE INDYCAR ARE BUILT FOR STREET CIRCUITS AND ROAD COURSES, AND DRIVE TOO FAST TO RACE ON OVALS.

jugs, symbolic of the traditional victory drink at Indy.

It was Indy where the 33-

year-old Wheldon had his greatest successes and the most devoted fan-base outside his native England.

He won the Indianapolis 500 driving for Michael Andretti's team in 2005 and won it again in May for Bryan Herta's team.

Track officials lowered the flags above the main office to half-staff, and later in the afternoon hung a five-foot by 30-foot banner with Wheldon posing with Indy's Borg-Warner trophy.

THE ASSOCIATED PRESS

SCOTT ROEHM/GETTY IMAGES



► Prince Fielder walks back to the Brewers' dugout after he grounded out in the bottom of the eighth inning on Sunday.

Goodnight sweet Prince?

► With Fielder likely having played his last game for Brewers, team looks back on franchise-record season

Manager Ron Roenicke's signal that the Milwaukee Brewers were ready to play came each day when Prince Fielder let out his booming, infectious cackle.

"There's nothing I like more when I come to the field and I'm sitting in my office and I hear him laugh," Roenicke said before Milwaukee's final game. "It's contagious. I know the clubhouse is going well when he's laughing. And I know we're ready to play."

After a franchise-record 96 regular-season wins and Milwaukee's first league championship appearance in 29 years, there's uncomfortable, awkward silence over what comes next.

St. Louis eliminated Milwaukee on Sunday night with a 12-6 victory in Game 6 to win the NL pennant, and the Brewers may lose much more when Fielder heads to free agency as one of the premier hitters available.

Fielder didn't want to discuss his future in much detail afterward, while principal owner Mark Attanasio insists the team will make an offer for Fielder to return to the only organization he's known

Rest of the core

The Brewers have been aggressive about locking up their other young stars.

► Four-time all-star left fielder Ryan Braun is signed through 2020. All-star second baseman Rickie Weeks and starter Yovani Gallardo are locked up for at least three more years. Right-fielder Corey Hart has two years left on his deal.

since being drafted in 2002.

"We're planning on participating in the sweepstakes," Attanasio said.

The financial reality may soon set in.

Fielder made \$15.55 million US this season, including a \$50,000 bonus for starting the all-star game, after signing a record single-year deal for an arbitration-eligible player in January. He and general manager Doug Melvin agreed early in the year to play out the season without salary negotiations to avoid distractions.

It worked.

Fielder hit .299 with 38 homers and 120 RBIs as

Milwaukee ran away with the NL Central for its first division title since winning the AL East in 1982. Along the way, Fielder picked up the all-star game MVP to help the NL win home-field advantage in the World Series.

"This whole year probably stands out, because this is — obviously, everybody knew it was my free agent year. But the amount of fun, it's been the easiest year I've ever had, for some reason," Fielder said. "This year has been awesome. I'm happy about everything, this whole year."

The good news is that the Brewers won't have many major holes to fill beyond Fielder's spot.

All five starting pitchers return and Melvin has a chance to bring back the rest of the starting lineup if he exercises the team option on shortstop Yuniesky Betancourt's contract.

The Brewers will need to rebuild its bullpen and bench. Relievers LaTroy Hawkins, Takashi Saito and Francisco Rodriguez and bench players Craig Counsell, Mark Kotsay and Jerry Hairston Jr. can all become free agents.

THE ASSOCIATED PRESS

Beat me in St. Louis: Cards have home field advantage

That chant of "Happy Flight! Happy Flight!" has been exceptionally joyful lately for the St. Louis Cardinals.

They celebrated in Philadelphia after knocking off the favoured Phillies in the National League division series, then hushed a packed crowd in Milwaukee and sprayed champagne in the visitor's clubhouse after winning the franchise's 18th pennant.

The clinching blowout victory over the Brewers on Sunday night was the 15th consecutive time the Cardinals had won before heading for the airport, a run they'll risk against the American League champion Texas Rangers.

The wild-card Cardinals have the home-field advantage for the first time, thanks to Prince Fielder's three-run homer in the Na-

"It's crazy to be where we are right now. I don't know how to explain that to you."

ST. LOUIS RELIEVER OCTAVIO DOTEI

tional League's All-Star victory. They're underdogs against the Rangers, making their second straight trip to the World Series.

It's nothing new for this late-blooming team that was boosted by several trade deadline pickups.

All those getaway victories fuelled an improbable surge for a team that trailed Atlanta by 10½ games for the wild card on Aug. 25. Entering the final month, they were in serious danger of finishing out of the post-season for the fourth time in five years since winning the 2006 World Series.

The Cardinals were afterthoughts in '06, too, after winning just 83 games.

Albert Pujols, Chris Carpenter, Yadier Molina, Skip Schumaker and injured pitcher Adam Wainwright, who got the last out in both the NLCS and World Series, are holdovers from that team.

"When you get to the post-season anything can happen," Pujols said. "We got to the post-season and we were riding hot. We're swinging the bats pretty well and the bullpen has been unbelievable."

Both teams have their rotations aligned for the World Series, with St. Louis ace Chris Carpenter set to oppose Texas 16-game winner C.J. Wilson in the opener tomorrow night.

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Could relegation get the boot?

► Foreign owners want to end system of demoting least successful teams from Premier League, executive says

Some of the Premier League's foreign owners want to abolish the relegation and promotion system, a senior English football executive said yesterday.

With half of the Premier League's 20 clubs under foreign ownership, League Managers' Association chief executive Richard Bevan said many are keen on emulating the American system, where major leagues like the NFL, NBA and NHL have no relegation.

"There are a number of overseas-owned clubs already talking about bringing about the avoidance of promotion and relegation in the Premier League," Bevan said at the Professional Players Federation conference in London. "If we have

four or five more new owners, that could happen."

Forcing through any change to the Premier League's rules requires the support of 14 of the 20 clubs, and The Football Association would still have to ratify the decision.

But Stoke chairman Peter Coates, one of just 10 English owners in the top flight, warned of the dangers of scrapping the "lifeblood of our game."

"I'd be horrified to think that was someone's long-term agenda," Coates said. "Although it happens in America with franchises, our traditions are totally different ... it would be an absolutely unthinkable thing to happen if we wanted to try and close that particular (relegation) door."

Sent down



2010-11

Birmingham City,
Blackpool,
West Ham United



2009-10

Portsmouth,
Burnley,
Hull City



2008-09

Newcastle United,
Middlesbrough,
West Bromwich
Albion



2007-08

Reading,
Birmingham City,
Derby County

Every season, the three teams at the bottom of the Premiership are relegated. Here are the most recent clubs to fall.

"It would be so bad for the game and would do it immense damage. You'd take away the thing that's so important: the opportunity to go up and down, which creates a mass amount of interest. There's

as much interest in the relegation battle as the title battle."

Coates said there was not a "shred of evidence" to support Bevan's comments.

As a club that has only

been in the Premier League since 2008, Stoke would be a prime candidate to back an end to relegation.

But Bevan said support was coming from the American and Asian owners. Arsenal, Aston Villa,

Liverpool, Manchester United and Sunderland are owned by Americans, while Blackburn is under Indian ownership and Queens Park Rangers has Malaysian backers.

United manager Sir Alex Ferguson said he supported the current system that sees the three bottom clubs relegated each season from the top flight to the Championship, while three clubs are promoted from the second-tier to the Premier League.

"You may as well lock the doors (without relegation)," said Ferguson, whose club is owned by the Glazer family. "It would be absolute suicide for the rest of the teams in the country, particularly the Championship."

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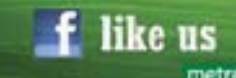
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ANNOUNCEMENTS

Community Events

Knitwear Fashion Show, Handmade crocheted wearables by Arowna Brooks.
Wed, Oct 19 @ 8pm - Klub Kave 2847
Lakeshore Blvd. W. A Fashion & Fun evening

MISCELLANEOUS

Miscellaneous

Bernard Clayman Barrister and Solicitor
has closed his law practice. If Mr. Clayman has your original will please contact him at
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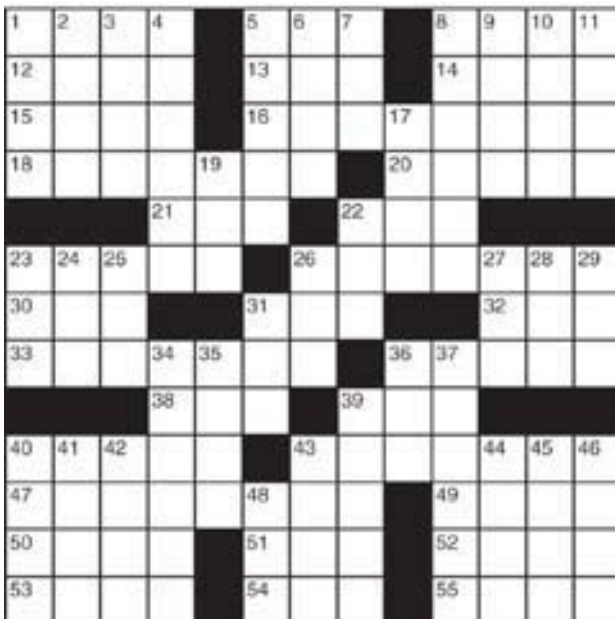
Crossword

Across

- 1 Creche trio
5 Antiquated
8 Pulsate
12 Right angles
13 Kids' pie filling?
14 Eastern potentate
15 Go sightseeing
16 Pose
18 Embassy employee
20 Actress Spacek
21 Historic period
22 Conclusion
23 Without pizzazz
26 Try
30 Born
31 Playwright Levin
32 — constrictor
33 Lure
36 Choir rendition
38 "Hail!"
39 Total
40 Ecru
43 "Way to go!"
47 Lawyer
49 Anger
50 Humdinger
51 Web address
52 Up to
53 Scottish garment
54 Sock part
55 "That's one small — ..."

Down

- 1 Transcending (Pref.)
2 Oodles
3 Excessive supply
4 Where Tel Aviv is
5 Nebraska city
6 Minstrel's instrument
7 Banned pesticide

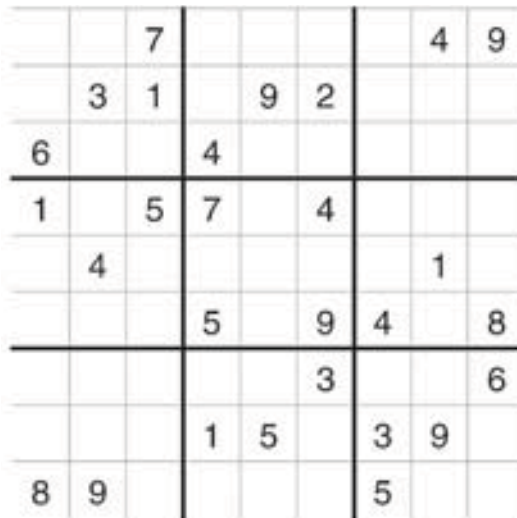


- 8 Happen as if by fate
9 Flightless flock
10 Lends a hand
11 Deuce defeater
17 "— It Romantic?"
19 Weep
22 Greek H
23 "CSI" evidence
24 Pensioned (Abbr.)
25 Nevertheless
26 Illustrations
27 Degree for a CEO
28 D.C. figure
29 53-Across wearer's hat
31 Lemieux milieu
34 Spicy stew
35 Maintain
36 Deposit
37 Intellect
39 Fashion
40 Abruptly refuse
41 Needle case
42 "— be OK"
43 Re planes and such
44 Fisherman's enticement
45 Look lasciviously
46 Shrill bark
48 Eccentric

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

3	8	5	1	7	4	2	9	6
7	4	2	3	9	6	8	5	1
6	1	9	8	2	5	7	4	3
9	3	8	4	5	2	6	1	7
4	2	6	7	1	9	5	3	8
1	5	7	6	3	8	9	2	4
2	7	4	9	8	1	3	6	5
8	9	1	5	6	3	4	7	2
5	6	3	2	4	7	1	8	9

Yesterday's answer ►

Today

14°/10°
Variable

Wednesday

13°/7°
Rain
90%

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Today's horoscope

♈ **Aries** March 21-April 20 If you have fallen out with someone, your first priority is to get back on good terms with them.

♉ **Taurus** April 21-May 21 Someone you have dealings with will be rather aggressive today and you may be tempted to respond in kind. Don't.

♊ **Gemini** May 22-June 21 Creatively and artistically you will be on top of your game today, so do something truly extraordinary.

♋ **Cancer** June 22-July 22 You may have to get tough with someone but if you don't they will most

likely make a mess of something that affects you directly.

♌ **Leo** July 23-Aug. 23 Your communication makes it easy for you to win others round to your way of thinking.

♍ **Virgo** Aug. 24-Sept. 22 You will get an offer today that could bring you a lot more money and prestige.

♎ **Libra** Sept. 23-Oct. 23 Look out for your own interests and pay no attention to those who say you should be helping them more.

♏ **Scorpio** Oct. 24-Nov. 22 You may be tempted to give up on something, but the planets warn if

For today's crossword answers and for expanded horoscopes, go to metronews.ca

you stop now you will regret it later, so keep going.

♐ **Sagittarius** Nov. 23-Dec. 21 Save yourself for the things and the people that really matter.

♑ **Capricorn** Dec. 22-Jan. 20 Someone in a position of authority will be glad to assist you.

♒ **Aquarius** Jan. 21-Feb. 18 Everything seems to be going well for you at the moment and life will be hugely enjoyable over the next few days.

♓ **Pisces** Feb. 19-March 20. You may or may not grow rich over the next few days but Lady Luck is smiling on you. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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